

**FREE
Female
Non-Contact
Boxing**

Friendly Boxing fitness
Any age/ability welcome
Trained ABA coaches

ISLINGTON ARTS AND MEDIA SCHOOL
SPORT HALL - Turle Rd, N4 3LS
6 - 7 pm Tuesdays from 31st Jan
To book your place TEXT **name** and '1a' to
07797805345 or e-mail giveitashot@lsbu.ac.uk

**FREE
Female
only
Basketball
sessions**

Any age welcome
Friendly fun sessions
Pro England Basketball Coaches

ISLINGTON ARTS AND MEDIA SCHOOL
SPORT HALL - Turle Rd, N4 3LS
6 - 7 pm Tuesdays from 31st Jan
To book your place TEXT **name** and '1d' to
07797805345 or e-mail giveitashot@lsbu.ac.uk

